

# Notice of Good Faith Estimate

Kimberly Zito, Psy.D., LLC

**You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost.**

Under Section 2799B-6 of the Public Health Service Act, health care providers and health care facilities are required to inform individuals who are not enrolled in a plan or coverage or a Federal health care program, or not seeking to a claim with their plan or coverage both orally and in writing of their ability, upon request or at the time of scheduling health care items and services, to receive a “Good Faith Estimate” (GFE) of expected charges. The GFE shows the costs of items and services that are reasonably expected for services provided by facility or provider. The estimate is based on information known at the time the estimate was created. It does not take into account any reimbursement that you may receive as a result of out of network benefits. The GFE does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur. If you are billed for more than the GFE, you have the right to dispute the bill. You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.

You may contact Dr. Kimberly Zito directly to let her know the billed charges are higher than the GFE. You can ask her to update the bill to match the GFE, ask to negotiate the bill, or ask if there is financial assistance available. You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill. There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on the GFE. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

Dr. Kimberly Zito recognizes that every client's therapy journey is unique. How long you need to engage in therapy and how often you attend sessions will be influenced by many factors including: your schedule and life circumstances, therapist availability, ongoing life challenges, the nature of specific challenges and how you address them. As a strength-based and client-centered practice, the patient will determine their own length and course of treatment.

The cost for services is posted, will be discussed during the consultation call, and is covered in your informed consent. You are also entitled to an estimate in writing. If you wish for a Good Faith Estimate, please ask and one will be provided.

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises).